



Domains of knowledge for Primary PE

PE is taught twice a week with extra swimming (KS2), fun-trition and beach school each term.

Domains

- Games
- Athletics
- Dance
- Gymnastics
- Swimming
- Outdoor activities
- Wellbeing

Key Concepts

Games

- Movement
- Rules
- Tactics
- Attacking and defending
- Competition

Athletics

- Movement
- Speed
- Performance
- Co-operation
- Competition

Dance

- Balance
- Movement
- Spatial awareness
- Performance
- Technique
- Evaluation

Gymnastics

- Balance
- Agility
- Co-ordination
- Technique

Swimming

- Safety
- Performance
- Technique
- Speed

Outdoor activities

- Safety
- Co-operation
- Spatial awareness
- Communication

Wellbeing

- Health and fitness
- Physical literacy
- Communication