

Week
One

Spring/Summer Plant-Based Packed Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Vegan Sausage Sandwich	Vegan Cheese Sandwich	Vegan Cheese Sandwich	Vegan Cheese and Tomato Pasta Pot	Vegetable Goujons in a Wrap
Cucumber Sticks	Pizza Finger with Vegan Cheese	Cucumber Sticks	Carrot Sticks	Cucumber Sticks
Sultanas	Carrot Sticks	Sultanas	Sultanas	Vegan Cheese Straw
Fruit Portion	Fruit Portion	Apple Wedges	Fruit Portion	Orange Wedges
Cocoa Cupcake	Soya Dessert	Homemade Berry Muffin	Iced Fruit Smoothie	Zesty Lemon Shortbread

Week One: 17 Apr | 8 May | 5 Jun | 26 June | 17 Jul | 18 Sept | 9 Oct

Week
Two

Monday	Tuesday	Wednesday	Thursday	Friday
Vegan Sausage Sandwich	Vegan Cheese Sandwich	Vegan Cheese Sandwich	Vegan Cheese and Tomato Pasta Pot	Vegetable Goujons in a Wrap
Cucumber Sticks	Pizza Finger with Vegan Cheese	Cucumber Sticks	Carrot Sticks	Cucumber Sticks
Sultanas	Carrot Sticks	Sultanas	Sultanas	Vegan Cheese Straw
Fruit Portion	Fruit Portion	Fruit Portion	Fruit Portion	Apple Wedges
Soya Dessert	Homemade Cupcake	Soya Dessert	Shortbread	Flapjack

Week Two: 24 Apr | 15 May | 12 Jun | 3 Jul | 4 Sept | 25 Sept | 16 Oct

Week
Three

Monday	Tuesday	Wednesday	Thursday	Friday
Vegan Sausage Sandwich	Vegan Cheese Sandwich	Vegan Cheese Sandwich	Vegan Cheese and Tomato Pasta Pot	Vegetable Goujons in a Wrap
Cucumber Sticks	Pizza Finger with Vegan Cheese	Cucumber Sticks	Carrot Sticks	Cucumber Sticks
Sultanas	Carrot Sticks	Sultanas	Sultanas	Vegan Cheese Straw
Fruit Portion	Fruit Portion	Fruit Portion	Fruit Portion	Melon Wedge
Homemade Cupcake	Soya Dessert	Shortbread	Iced Fruit Smoothie	Homemade Cocoa Shortbread

Week Three: 1 May | 22 May | 19 Jun | 10 Jul | 11 Sept | 2 Oct