



Diocese of Norwich
Education and
Academies Trust

Hopton Church of England Primary Academy

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Dear Parents and Carers,

Our RSE Programme

Relationship and Sex Education (RSE) is an important part of the Personal Social and Health Education (PSHE) curriculum. Throughout the year we cover these areas of learning and this term we will be teaching age appropriate lessons about RSE in line with curriculum requirements.

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our PSHE course. This looks at many topics including all kinds of relationships, physical/emotional health and living in the wider world. The aim of PSHE is to help our pupils make safe and informed decisions during their school years and beyond.

PSHE and RSE lessons are taught by staff who are trained in line with the Norfolk RSE syllabus. During lessons, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

Many aspects of RSE are compulsory - these are part of the National Curriculum for science. Parents can withdraw their children from other parts of RSE. However, we believe that in our modern world, with growing access to and presentation of sexual images in social and other media, it is important that all young people have a place to discuss pressures, check facts and dispel myths. If a child is withdrawn, many pupils will discuss these issues with each other outside the classroom – so, rather than hear about content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. This could be an opportunity for you to share your family values, building strong channels of communication about emotions, the human body and relationships with your child.

Please feel free to contact us if you have any queries about the content of the programme or resources used. All materials used are available for you to browse through should you so wish.

Yours sincerely,

Lorna Howard
RSE Lead

